

Welcome!

Thank you for choosing Erica Van Mieghem Nutrition Consulting in your next step for optimum health. The purpose of the following policies and agreements are to insure that you obtain the most benefit out of the nutrition services provided.

Please take a few moments to review the below information and bring the signed forms with you on your first visit.

- Form 1: Clinic Policies*

- Form 2: Client Profile*

- Form 3: Notice of Privacy Practices*

- Form 4: Authorization Obtain/Release Information*

- Form 5: Nutrition and Medical History/Assessment*

I look forward to guiding and supporting you with your nutrition goals.

Sincerely,

Erica Van Mieghem, MS, RD, CN, CD