

**Authorization to Obtain/Release Confidential Information**

Client's name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Client's address: \_\_\_\_\_

Phone number: \_\_\_\_\_

I authorize Erica Van Mieghem MS, RD, CD, CN to share/retrieve my treatment progress and health care information/medical records with professional consultants and the following individuals:

**Physician (please print clearly)**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

**Naturopath (please print clearly)**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

**Psychiatrist (please print clearly)**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

**Other (please print clearly)**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

I understand that my records and treatment are confidential and will not be disclosed without my written consent unless under legal compulsion. I also understand that I may revoke this consent at any time, except to the extent that action has been taken in reliance therein.

Date: \_\_\_\_\_ Client Signature: \_\_\_\_\_

Parent/Guardian\* Signature: \_\_\_\_\_

\*If client is under the age of 18 parent or guardian must provide signature