

Appointments

Appointments are scheduled for you at your individual time. If you are unable to make your appointment or need to change your reserved time please give a 24-hour notice (72-hours for Monday appointments). Please note that if insurance is being used for payment they cannot be billed for a no-show/late cancellation. Without an appropriate notice there will be a \$75 dollar fee applied for all missed appointments. Initial _____

Confidentiality

We are committed to respecting your right to privacy, including keeping your medical information confidential. Your personal information or conversations will only be shared with other members of your health care team upon receiving your written consent. If using insurance Erica Van Mieghem Nutrition Consulting PLLC may release medical records to the insurance provider for payment. (Please see the complete Privacy Practice Notice for further information.) Initial _____

Financial Policies

Medical nutrition therapy rates for insurance carriers are \$180 for the 50-minute initial consult and \$144 for 50-minute follow up visit. Co-payments are due at time of service. It is recommended that you call your insurance in advance of your appointment to inquire if one or more of your medical diagnoses are covered for medical nutrition therapy. Be sure to specify you will be seeing a certified and registered dietitian. If you do not have insurance or your insurance does not cover nutrition therapy, payment is due in full at time of service via cash or check. There is \$35 NSF fee on all returned checks. The rate for payment at time of service is \$120 for the 50-minute initial consult and \$100 for the 50-minute follow up. A 30-minute session is also an option charged at the standard fee, pro-rated. For two people, "Team Nutrition," the rate is \$145 for 50-minute initial consult and \$125 for 50 minute follow up. Additional fees for nutrition services requested outside of session time (i.e. detailed meal plans, pantry overhauls, ect) will be determined on individual bases.

By signing below you agree to pay Erica Van Mieghem Nutrition Consulting PLLC the amounts not covered or paid by insurance within 30 days of receiving the bill. Unpaid accounts will be sent to a collection agency within 90 days of not receiving payment and you agree to pay Erica Van Mieghem Nutrition Consulting PLLC all costs that incur.
Initial _____

Communication between sessions

You are welcome to call and leave voicemail messages at anytime. Phone conversations lasting more than 15-minutes will be billed at the standard fee, pro-rated. Initial _____
Please sign here indicating that you understand and agree to abide by the agreements listed above.
Signature _____

Signature of person responsible for billing if different than above _____

Thank you! Please bring this form with you to your first visit.